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**December 2025**



*The holidays are upon us! As I drive the Saskatoon streets I see brightly colored and decorated homes. I have participated in several holiday markets already in November and the atmosphere is FESTIVE! Excitement is all around us. Yet there are many people not so fortunate to have that holiday spirit, whether that be from a recent loss of a loved one, family dysfunctions, loss of a job, tough finances, loneliness or just a tough year for whatever reason.*

*Reach out to your friends and neighbors and make sure they are not forgotten this holiday season! This Christmas we will be supporting our women friends at the YWCA through in-kind donations, who are less fortunate than others. A needs list is supplied elsewhere in this newsletter. Please bring your donation to the EWI Christmas party and they will be taken to the YWCA from the group.*

*The EWI Christmas party is always something to look forward to because you never know what surprises are in store!! It is a fun, relaxing evening to celebrate the holidays with one another and there is always good food. Make sure to register early and join in the festivities.*

*We will shake things up in the New Year with some changes in meeting times and format. This will allow more access to potential new members as well as explore alternative venues not usually available.*

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*Barb, Karen S, Susan M, Char, Karen P, Susan McD or Deb B. Be involved, ask questions and let's grow together!*

*Wishing you all a joyous holiday season, time to connect with family and friends and please stay safe when travelling.*

*Blessings to All,*

*EWI President 2025-2026*

*Fran Seidler*



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Saskatoon Chapter

December



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**Annual Holiday Party**  
 Buffet Turkey Dinner  
 Games  
 Gift Exchange - New or Used

*We will also be accepting  
 donations for the YWCA.  
 Please see the list of  
 needed items in the  
 December Connect.*



Wednesday, December 10, 2025

Doors Open 5pm

Pleasure-Way Pub

Saskatoon Soccer Centre

150 Nelson Road.

Members \$45

Guests \$50

Spouses, partners &amp; friends welcome!



Register by Dec 7th  
[ewiofsaskatoon.ca](http://ewiofsaskatoon.ca)



### GIVING TO THE LESS FORTUNATE AT CHRISTMAS

With staff available 24/7, YWCA Saskatoon offers up to 30 days of emergency shelter for all women and children who are in need of a safe place to stay. The YWCA Crisis

homelessness, addiction, and mental health issues. This Christmas EWI will be supporting these women in crisis.

## CURRENT NEEDS LIST

### *In-Kind Donations Needed*

*Each program has unique needs. Please use the lists below to guide your giving:*

#### **CRISIS SHELTER (SHORT-TERM STAY – UP TO 30 DAYS)**

*Most needed items (\*New only\*):*

- Cutlery
- Shampoo & conditioner (unscented)
- Soap bars (unscented)
- Toothbrushes, toothpaste, dental floss
- Hairbrushes & combs
- Disposable razors & deodorant
- Feminine hygiene products (pads, tampons, menstrual cups)
- Pajamas, socks, underwear (women & children)
- New pillows
- Single bed sheets & children's bedding
- Bath towels, hand towels & face cloths
- Diapers & baby wipes
- Slippers/flip-flops
- Journals & pens (can support healing and reflection)
- Child-focused items (board games, puzzles, age-appropriate toys)
- Reading glasses (various strengths, new only) – very helpful for women needing to complete forms or read documents.
- Nightlights or small flashlights – comfort and safety for children and moms in unfamiliar rooms.
- Seasonal items (winter boots, mitts, hats)

#### **HOPEFUL HEARTS TRANSITIONAL HOUSING (LONG-TERM STAY – UP TO 2 YEARS)**

*Most needed household items:*

- Pots, pans & cookie sheets
- Coffee makers & toasters
- Cutlery & kitchen utensils
- Dishcloths & kitchen towels
- New pillows
- Bath towels, hand towels & face cloths
- Non-aerosol cleaning supplies

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- *Child-focused items (board games, age-appropriate toys)*
- *Seasonal items (mitts)*
- *School supplies (backpacks, pencils, crayons, notebooks)*
- *Grocery gift cards*
- *Nightlights or small flashlights – comfort and safety for children and moms in unfamiliar rooms.*

YWCA does not accept: used bedding or towels; aerosol containers or hairspray; kitchen knives and other sharp items; men's items; or unsolicited food donations.

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The chapter members enjoyed a lovely evening at the Timbercrest Event Center on November 19th.

Our guest speaker and former member of our chapter was Vicki Mowat, Deputy Leader of the Opposition and MLA for Saskatoon Fairview. Vicki shared with us how her early involvement with the Army Cadet Program and subsequent career in the military and politics helped shape her leadership development.

Thank you Vicki for taking time away from your vast responsibilities to share your journey with us!



Thanks to all who attended!

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***LOTS OF GREAT CHRISTMAS GIFT IDEAS  
AND STOCKING STUFFERS***



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