

PRESIDENT'S REPORT



Happy November everyone!
Wow how times flies, I can't believe October is over already! Well the first month of being President has been good so far. We hosted our Board Retreat this past month where we as a board gathered and got to know one another and planned our year. First off I would like to introduce you to our new 2018 – 2019 Board of Directors.

Vice President / President Elect – Michelle Busa. Michelle is great, very organized, driven person, who first came to EWI as a speaker at our second EWI dinner here in Saskatoon, and from that experience she decided to join, and WOW are we ever lucky. She joined us as our Communication Director last year and did a great job, and I know I am so happy to have her as my “right” hand.

Treasurer – Darlene Biggins. Darlene joined us as an individual member and stepped in to the treasure role when we needed her last year. She is full of ideas, and is a lifelong learner who want to connect with other makes her a great asset to our Board.

Secretary – Shirley Bonnetrouge. Shirley first came to EWI as a speaker back in February about the YWCA and the Trade Journey program. She then decided to join as a member and we are so happy she did, without hesitation she jumped right in assist us on our nominating committee and has now stepped up to the plate as our Chapter Secretary. I am excited to see the ideas and energy that Shirley will bring to our board this year.

Recruitment & Retention Director – Char Weightman. Char joined us in February, she was invited by our Board Advisor Alisa. Char is a go getter, and doesn't let anyone hold her back from accomplishing her goals. When I asked her what she likes about EWI she told me that it is the support of each other, and who better to be welcoming our guests and new members than someone with that outlook.

Communications Director – Amanda Medvid. Amanda is one of our first members that joined by finding us via Facebook! When she reached out last April/May to look at joining, I was lucky enough to meet her for coffee. Her enthusiasm was contagious, she joined and her first event was our Chartering Gala! And when the time came she volunteered as well on our nominating committee as well as stepped up to the plate to join our board as our Communications Director. I am excited to see what she will do over the next year.

Program Director – T.J. Keller. T.J Keller is a new member, her first event was also our Chartering Gala in May. She was introduced to EWI by our Treasurer Darlene, and we are very lucky to have her join us on the board straight out of the gate. However leading is not something T.J. shy's away from, she is a great event planner and we are very lucky to have her assisting us with our monthly meetings. I look forward to getting to her better and learning more about some of her past board roles.

Ways & Means – Susan Mowat. Susan was one of the first to join, originally joining as something she could do with her daughter Vicki, she was pleasantly surprised to find a great group of ladies (and smart men). As a member she is very involved, always there to support, and lend a helping hand. Ways & Means, what is that, well it comes down to Fundraising for our chapter, mostly our ASSIST scholarship, and Susan is perfect for this role!

Sergeant-at-Arms – Fran Seidler. Fran is a go getter she joined our board as secretary last year and was quick to get things done on time and keep us on track. Fran is always there to lend a hand and it doesn't get unnoticed. She is one of the strongest women I know, she always has a smile on her face. I am looking forward to seeing what she has in store for us this year at our monthly meeting as our Sergeant-at-Arms.

Director at Large – Serena Dallas. Serena is a ray of light, her positive attitude and drive to always be improving is a great asset to our Board this year. Serena is one of the reasons EWI of Saskatoon is here, her and Karen Skirten took on this journey and it was through their connections that we now have a chapter

here in Saskatoon. We are looking forward to learning from Serena this year and her past experiences with EWI of Calgary.

Assist Chair – Joy Crawford. Joy was one of the first five members to join as a member of the EWI of Saskatoon Chapter, and jumped right in within the first year as Sergeant-at-arms and then as our retention and recruitment director. She is a true servant leader and it shows through her connections within the community. So who better to help us start us our ASSIST Scholarship then someone with such strong connections to our educational institutes within Saskatoon.

Board Advisor – Alisa Thompson. Alisa is a ball of energy, she leads from the front and we definitely seen that last year when she was President. She is a lifelong learner, and is not afraid to go for things that are "outside the box". We are very fortunate she is advising us this year.

I am looking forward to where this wonderful board will take us this year, and my quote this year is "**Many hands make light work**". With this of course comes opportunity, we will be looking for members to join committees to assist our Directors. This is a great opportunity to learn what the Directors positions are all about, and a great stepping stone into the Board. We at EWI are all about mentoring, and I can't think of a better way! My advice is to get involved, and as our Founder Lucille Johnson Perkins says "She profits most who serves best"



Many hands make light work.

Sincerely,
Sandra Miller
Board President



#partwithapurpose #socialgood

For our December Fundraiser for the YWCA & Crisis Shelter & Residence. They are looking for the following items to help with supporting the essential services that they provide.

Cash donations of any denomination are gratefully accepted. Charitable tax receipts are automatically issued for financial donations over \$20.

In addition, the following items are currently needed for clients who use the YWCA. Please note: YWCA Saskatoon does not issue charitable tax receipts for items on the current needs list.

New bowls, cups, and mugs (microwave safe)

New cutlery and kitchen supplies

New dish cloths and towels

New bedding for single beds

New towels and face cloths

New full Size and bulk containers of shampoo, conditioner, and body wash

Toothbrushes and toothpaste

Feminine hygiene products

New pajamas, socks, and underwear for women and children

New sweat pants of various sizes

Disposable diapers, sizes 4-6, and baby wipes (including swimming diapers)

New baby bottles and nipples

Grocery and phone gift cards of any denomination

New swim suits for women and children

Hair brushes and combs

Disposable Razors

Dental Floss

Lip Chap

Make up and nail polish

Epsom Salt

We do not accept used clothing or household items, aerosol containers, hairspray, kitchen knives and other sharp items, men's items, or unsolicited donations of food.

For questions about making a cash donation or to arrange an appointment to donate items, please phone 1-306-244-7034.



There's snow place like the YMCA.

12 Days of Fitness

Try the YMCA with a

FREE 12 DAY TRIAL!

Terms and conditions apply.

Did you know the YMCA of Saskatoon is so much more than a "gym"? In fact, it is THE place for you and your family to really bond together with a variety of health and wellness activities and let's not forget the great community spirit and friendships that take place here.

We offer so many ways to get together. First starting with our 12 Days of Christmas promotion which runs from November 15 - Dec 31st, 2018. Come on down and try us out and why not bring the entire family! (remember photo ID is required for all adults over the age of 18).

On December 9th we are having our first Annual Winter Wonderland see the poster for additional information - all proceeds go directly to our Strong Kids Campaign which helps to ensure that no individual or family is turned away due to finances. We subsidize memberships, camps, childcare etc!

Also, we offer Corporate Wellness. Are you a business that would like to offer a value-added service with NO CONTRACT or Commitments? Reach out directly to serena.dallas@ymcasaskatoon.org to request additional information. We make it easy to offer health and wellness to your employees and their families.



***COME JOIN US FOR THE 1ST ANNUAL EVENT*
THERE WILL BE FUN FOR THE ENTIRE FAMILY!
INCLUDING SANTA'S WORKSHOP, FAMILY
PHOTOS, INDOOR SNOWBALL FIGHT, AN
ENCHANTED FOREST, GAMES, TREATS, DOOR
PRIZES AND MUCH MORE!
\$5 PER FAMILY**



DECEMBER 9TH, 2018 11AM-3PM | YMCA of Saskatoon

ALL PROCEEDS GO TOWARDS THE STRONG KIDS CAMPAIGN



Our Member Cara Mazurak is fundraising for Diabetes Canada

She is selling Poinsettias with a portion of funds raised going to Diabetes Canada. Orders will need to be emailed to candyapple@sasktel.net by December 1st, with delivery expected December 6th.

4.3" \$15 in red, white, ice crystal or red glitter
6.5" \$20 in pink, red, white, ice crystal or red glitter
8.0" \$30 in red, white, tri-colour, or red glitter
10" \$36 in red, white or tri-colour



END Diabetes Steak Night

Join us on Wednesday, November 21st, 2018 at the PleasureWay
Pub at the Sasktel Soccer Centre.

Cocktails at 6pm
Supper at 7pm




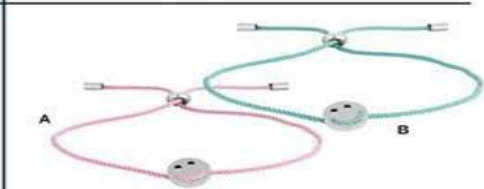

Adults \$20 choice of steak, chicken, veggie burger or stir fry
Children \$15 chicken fingers and fries

TOCARA

UNWRAP SAVINGS

NOW DURING OUR HOLIDAY SALE!

50% OFF
ANY 2 ITEMS WHEN YOU SPEND \$85 OR MORE AT A SHOW*
October 26 - November 30, 2018

 <p>A. Blair Toe Ring p.45 ER94072CD \$99 \$19.50 B. Marie-France Belly Ring p.45 BB42966CD \$49 \$24.50</p>	 <p>Amelia Earring Set p.42 KE87361CD \$59 \$29.50</p>	 <p>Milissa Faux Plug Earrings p.29 RE57666CD \$49 \$24.50</p>	 <p>Anna Anklet with free charm p.45 XC88008CD \$49 \$24.50</p> <p>FREE CHARM with purchase of anklet</p> <p>see catalog page 45 for full list of charms</p>
 <p>Shireen Choker p.38 RN49622CD \$49 \$24.50</p>	 <p>Imelda Necklace p.82 TN40011CD \$79 \$39.50</p>	 <p>Henryka Ring p.51 RR65269CD \$69 \$34.50</p>	 <p>A. Brittany Bracelet p.42 KB76068CD \$29 \$14.50 B. Brittany Bracelet p.42 KB92008CD \$29 \$14.50</p>
 <p>Layne Bracelet p.15 TB35344CD \$179 \$89.50</p>	 <p>A. Rosalie Necklace p.27 TP91662CD \$99 \$49.50 B. Rosalie Ring p.27 TR38412CD \$149 \$59.50</p>	 <p>Melodie Earrings p.15 RE39412CD \$45 \$22.50</p>	 <p>Hope Bracelet p.78 TB60222CD \$119 \$59.50</p>
 <p>Emilie Necklace p.17 RN85812CD \$49 \$24.50</p>	 <p>Violaine Earrings p.73 RE69958CD \$45 \$22.50</p>	 <p>Mike Bracelet p.66 MB40955CD \$79 \$39.50</p>	 <p>Marco Neckalce p.85 MP78374CD \$79 \$39.50</p> <p>FOR HIM!</p>

*Offer open to Tocara Show Customers. Hosts cannot use Host jewelry credits to purchase Bonus products with "CD" codes. Order must be submitted to Tocara between October 26th, 2018 and 11:59:59pm PST November 30th, 2018. Order bonus products using "CD" item codes. Each Customer that submits a retail order of \$85 or more (excluding bonus products, taxes and shipping) is entitled to order any two products included in this promotion.

© 2018 Tocara Inc. All rights reserved. Prices in CAD. 🇨🇦

Extended to November!
HOSTESS SPECIAL
OCTOBER 1 - NOVEMBER 30, 2018



For more information head over to www.tocaraplus.com/caramazurak

The power OF AN UNSTOPPABLE Woman

SUNDAY
NOV 18
2018

FROM
10:00 am
TO
4:30 pm
9:00 am REGISTRATION

WESTERN DEVELOPMENT MUSEUM

2610 Lorne Avenue, Saskatoon, SK

TO PURCHASE TICKETS, GO TO

www.eventbrite.ca and search for The Power of an UNSTOPPABLE Woman Event Saskatoon or contact **Katelyn @ 306-297-7876 / katelyn.thibault@gmail.com**

\$59.95

BEFORE **NOV 7**

\$74.95

AFTER **NOV 7**

GROUP PRICING AVAILABLE

TICKETS PRICE INCLUDES:

**THE SHOPPING GALLERY
LUNCH DOOR PRIZES
NETWORKING
& TONS OF FUN!**



Allison Braun

ENDING THE SACRIFICE PARADIGM: HOW TO HAVE IT ALL AS A WOMAN

Allison Braun, known as the Queen of Ease, uses her 10+ years of experience in communication, relationships, personal development, and business to help successful business women around the world tap into deeper levels of business prosperity and life fulfillment with more ease & joy, without sacrificing what's most important to them. Through The Business Pleasure Map®, Clarity to Clients®, and the Living Richly™ programs Allison takes business women from over committed, drained, and out of alignment to empowered, connected, and passionate powerhouses.

SPEAKERS



Dr. Rose Backman

Dr. Rose is one of Canada's most magnetic, "tell it like it is" speakers on mind/body wellness and life management. With over 25 years of expertise in the field of natural health she will share her dramatic story that pushed her into her POWER zone!

With her dynamic and thought-provoking presentation you will:

- Learn the 5 Fatal Flaws that destroy business & personal relationships
- Discover the missing links around addictions
- Find solutions to stop sabotaging money, weight & relationship issues
- Learn 3 secrets to create a deep-loving relationship



*Rochelle LaFlamme
& Alisa Thompson*

are a dynamic pair of real estate entrepreneurs.

EMPOWERING WOMEN TO CREATE A BRIGHTER FINANCIAL FUTURE

- Discussing Scarcity vs Abundance mindset
- Reviewing different investment platforms
- Arm yourself with the knowledge, to create a brighter financial future



Celeste Lemieux

Dreamweaver of Positive Passions Boutique (Owner 2005)
Balance Within Wellness International (Founder 2012)
Life Balance Development System (Founder 2014)
"Awareness creates manifested change." - celestemieux.com

TRANSFORM YOUR SEXUAL BELIEFS - TRANSITIONS THROUGH AGING, DESIRE, INTIMACY, FEAR & PHYSICAL LIMITATIONS

- Identify beliefs that hold us back from having the courage to expand our sexual experiences safely.
- Learn tools to increase intimacy within our relationships and while cultivating the sexual satisfaction we desire.

SPONSORED BY:



Gather your girlfriends and join us for an empowering, inspiring day with many "ah ha" moments that will touch your heart! Come to enjoy our 20 business vendors, shopping gallery and networking. Learn and discover amazing tips from our 4 speakers. If you want to live more deeply, honestly and awaken your heart and soul... this conference will touch you for a lifetime!

For tickets go to Eventbrite

<https://www.eventbrite.ca/e/the-power-of-an-unstoppable-woman-conference-saskatoon-tickets-50835887508?aff=ebdshpsearchautocomplete>

Save the Date

November 21st

5:00pm – Networking and Drinks
6:00pm – Dinner
6:45pm – Lynn Gow
Hillcrest Funeral Home

Please bring a book for READ
Saskatoon

December 12th

11:30 Luncheon and Fundraiser for
YWCA
Guest Speaker Joy-Ann Allin.

January 17th

Networking and Dinner
Location TBD
Stay tuned to our Facebook page for
details.

*Remember our meetings are on the
3rd Wednesday of each month.*

2018-2019 Officers & Directors

President

Sandra Miller, Comfort Suites

Vice President

Michelle Busa

Secretary

Shirley Bonnetrouge.

Treasurer

Darlene Biggins

Ways & Means Director

Susan Mowat

Recruitment & Retention Director

Char Weightman

Advisor

Alisa Thompson

Sergeant-at-Arms

Fran Seidler

Programs Director

T.J. Keller

Communications Director

Amanda Medvid

For any suggestions for guest
Speakers please speak to our
Programs Director T.J Keller

tj.keller@sasktel.com

For any future submissions for the
Connect

Contact Amanda
amedvid@hotmail.com

or

ewiofsaskatoon@gmail.com