

ewi CONNECT

Chapter Saskatoon Edition

September 2018

PRESIDENT'S REPORT



The Winds of Change

With the winds of change coming fast and from all directions, a person cannot help but also feel excited. We have all the beautiful colors of fall around us leading everyone into a new season. Many of the changes in life are often referred to as seasons. Well for EWI fall also means a lot of changes and a new season.

Some of the biggest changes are among your leaders. First a new national Corporate board will be revealed and installed at LCAM 2018. Your past President and future President for 2018 are also attending this leadership conference. "Out with the old and in with the new..." as they say. For our EWI of Saskatoon you will also be welcoming a new President and chapter board for the upcoming year. I am proud to say our new board has all board position filled and then some! Just as we promised, EWI of Saskatoon will continue to grow, thrive and be an amazing team.

It has been my pleasure and honour to serve as your president for a portion of the 2017-2018 year. I look forward to seeing the new board grab this coming year by the horns. No worries...I am not going far; the new board is crazy enough to let me be their Advisor for the upcoming year. Well, technically I am the Advisor by default, as this is the position held by the past president. So with a new full and strong board of incredible women leading us, the future is so bright I gotta wear shades! LOL. Love you all.

Stay Epic,

Alisa Thompson

President...out!

DATES TO NOTE

September 26th

5:00pm – Networking and Dinner
Saskatoon Inn

*Tuesday, October 16th

5:00pm – Networking and Dinner
Hillcrest Funeral Home

November 21st

5:00pm – Networking and Dinner
Location TBD

*In order to accommodate as people as possible from the new board, this meeting was moved to the Tuesday. We apologize for any inconvenience this may cause.

Nominating Committee Report

The Chapter Nominating Committee is pleased at the overall willingness of the membership to step into Chapter Board service for the upcoming 2018-2019 term.

We feel confident that these individuals are highly qualified members that will continue to strive to grow the organization and serve our chapter in a professional manner with clarity and transparency. It is our pleasure to announce the following proposed slate for our 2018-2019 Chapter Board of Directors.

Position	Nominee	Firm
President	Sandra Miller	Comfort Suites
Vice President/President – Elect	Michelle Busa	Independent
Secretary	Shirley Bonnetrouge	YMCA
Treasurer (2 Year Term)	Darlene Biggins	Independent
Sergeant-At-Arms	Fran Seidler	Hillcrest Funeral Home
Program Director	TJ Keller	Independent
Recruitment & Retention Director	Char Weightman	The Financial Vault
Communications	Amanda Medvid	Independent
Ways & Means Director	Susan Mowat	ClearTech Industries
ASIST Chair	Joy Crawford	Independent
Director at Large	Serena Dallas	YWCA
Advisor	Alisa Thompson	Epic Alliance Inc.

Individuals whose names are in bold are currently serving on the 2017-2018 Chapter Board.

This Proposed Slate was determined by the 2017-2018 Chapter Nominating Committee (elected during the June 2018 Business Meeting) at a meeting on the 24 August wherein 4 of the committee members were present. The slate was subsequently reviewed and approved by the current board on September 5, 2018.

As set forth in our procedures, John Maxwell's The 21 Indispensable Qualities of a Leader were utilized to review and evaluate the candidates combined with Chapter and business experience and other organizational experience.

Please join the Nominating Committee members in extending congratulations to the 2018-2019 Corporate Board Nominees and their firms. We appreciate their dedication to the mission and goals of EWI, their willingness to serve in these leadership positions and appreciate the continued support of their firms.

Respectfully submitted,

Karen Skirten, 2017-2018 Nominating Committee Chair & Chapter Advisor

Sandra Miller, 2017-2018 Vice President/President-Elect

Michelle Busa, 2017 – 2018 Communications Director

Amanda Medvid, Member

Shirley Bonnetrouge, Member

Check out YMCA's September Promotion



New Member!

We are so excited to announce another member to our EWI of Saskatoon chapter!

TJ Keller – Individual Member

TJ will also be taking on a board position as the Program Director. Welcome TJ and we all look forward to getting to know you better in the near future!



2017-2018 Officers & Directors

President

Alisa Thompson, Epic Alliance Inc.

Vice President

Sandra Miller, Comfort Suites Saskatoon

Secretary

Fran Seidler, Hillcrest Funeral Home

Treasurer

Darlene Biggins

Ways & Means Director

Vacant - This Could Be You!

Recruitment & Retention Director

Vacant – This could be You!

Advisor

Karen Skirten, Sable Consulting

Sergeant-at-Arms

Vacant - This Could Be You!

Programs Director

Vacant – This Could Be You!

Communications Director

Michelle Busa



JOIN US!
***Tuesday, 16 October**



The Program:

This is a very important day for our members to join us. The new board will be installed and we are doing an EWI 101 presentation. There are a lot of benefits to your membership and we want to ensure everyone knows about them!

Guests welcome!

DINNER MEETING

@Hillcrest Funeral Home

5:00—Drinks & Networking

6:00—Dinner

6:45—Board Installation and EWI
101

7:30pm—Adjourn Dinner Meeting

Cost:

\$45/Members

\$50/Guest

Register by October 12th on
ewiofsaskatoon.ca/events

***Note the day change!**

**Connections, Careers,
Community**



JOIN US!
Wednesday, 26 September



The Program:

Business Advisor, educator, writer and the creator of the SFG Employee Engagement Wheel™.

Andrea will be sharing the “5 Success Factors for Couples in Business” and will share her experience as one of co-founders of Seeds for Dreams.

Guests welcome!

DINNER MEETING

@Saskatoon Inn

5:00—Drinks & Networking
6:00—Dinner
6:45—Program
7:30pm—Adjourn Dinner Meeting

Cost:

***Special Rate \$35 for Nine and Wine Attendees**

\$45/Members

\$50/Guest

Register by September 23rd on
ewiofsaskatoon.ca/events

**Connections, Careers,
Community**



Design for Life

LEADERSHIP PROGRAMS FOR WOMEN

Who Am I?

Weekend Retreat

Friday September 28, 6:30 p.m. -

Sunday September 30, 1:00 p.m.

Program Cost: \$225

*(includes lunch on Saturday & Sunday –
overnight accommodations extra)*

Designing My Journey

One Day Next Step

Saturday October 20, 9:00 a.m. - 4:00 p.m.

Program Cost: \$95

(includes lunch)

Navigating the Path

Group Coaching & Support

Wednesday Evenings, 6:30 - 8:00 p.m.

November, December,

January, February

*Dates to be determined based on
participants' availability*

Program Cost: \$100

(four sessions - limited to 4-6 participants)

To register or for more information call or

email Lynn: 306-371-6392 /

gow.lynn@gmail.com

www.designforlifecoaching.ca

To arrange for Accommodations for 'Who Am I?'
Retreat (\$60/night) and/or additional meals,
call 306-242-1916

or email: receptionist@queenshouse.org



Lynn Gow is a Certified Expedition Coach, Project Manager, Change Leader and Owner of Design for Life Coaching and Consulting. She was born

and raised in New Brunswick where she practiced Social Work for 18 years counselling women and families. Her focus has always been uncovering the strengths that already exist within each individual and helping them build on those to become their best selves.

Lynn made a career transition in 2000 to work in IT and moved to Victoria, BC. Her focus in IT has been in the areas of Project Management, Organizational Change Management, Coaching and Leadership. She has led small and large teams, worked in Public and Private Sectors supporting organizations and individuals as they adapt to change.

The one constant through both careers has been Lynn's focus on empowering people. The key to effective relationships, productive workplaces, successful project teams and a person's peace of mind ultimately comes down to the same thing; people knowing who they are, and living an authentic life in line with their core values.

Queen's House Retreat and Renewal Centre

601 Taylor Street W, Saskatoon SK S7M 0C9
306-242-1916

To register please call 306-371-6392
or email: gow.lynn@gmail.com

For details on all programs:
www.queenshouse.org

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Lynn Gow, PMP

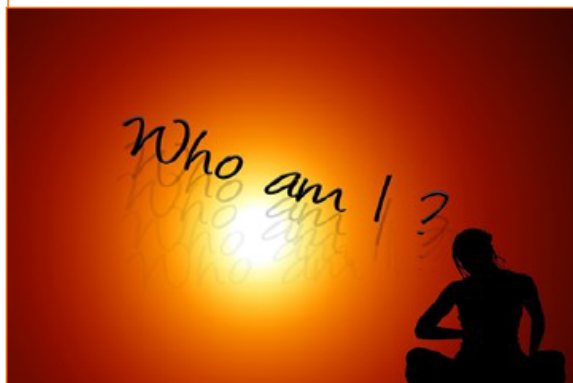
Queen's House Retreat & Renewal Centre

—
A Home Away from Home

Who Am I?

FINDING MY PURPOSE THROUGH
INNER REFLECTION

'Who Am I?' is the first step in the *Design for Life Program*. It is a prerequisite to the other offerings. During this weekend away (Friday evening, Saturday and Sunday) you will have time to stop, reflect and look inside yourself with a new lens. You will be given a framework to use in your journey of self-discovery. Knowing ourselves and our core values, helps to focus us on where we need to spend our energy to become the women we were created to be. Explore a little deeper in a safe place. Experience curiosity about yourself, who you are and what you are meant to be doing.



**"When you are doing what you are
meant to be doing,
you will have the energy
to do it"**

Sister Margaret O'Rourke

**"Every little step I took in this new
direction — it was like feeling my
molecules aligning"**

Chris Hardwick

Designing My Journey

For those who have attended 'Who Am I?', there is a follow-up day available to look at the next steps. Once we know better who we are and what really matters to us, how do we align our energy and spend our time doing things that fulfill us and bring real value to those around us? 'Designing My Journey' is a day of sharing and interactive exercises that help you explore the possibilities in your life. Participants will learn how to use tools such as 'mind maps', 'story-telling' and 'prototyping' to discover how to start down the path of living in alignment with your core values. A prerequisite to attending 'Designing my Journey' is your participation in the 'Who Am I?' retreat.



Indecision and
confusion begin to
fall away when you
know yourself.

—MICHELLE MAROS
@PeacefulMindPeacefulLife



Navigating the Path

'Navigating the Path' is a series of four evening sessions of group coaching (once a month for 1.5 hours each). These sessions are designed for those who have attended both 'Who Am I?' and 'Designing My Journey' to share successes and challenges along the path, support each other in practicing the tools learned in the previous programs and gain a deeper understanding of living out the principals of a value based, well designed, joyful life.

DESIGN
for LIFE
COACHING & CONSULTING INC.

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