# Saskatoon Connect

## February 2019

#### PRESIDENT'S REPORT



February 2019 Presidents Message

February, already ... Wow! Where has the first month of 2019 gone! I trust everyone's year is off to a great start, and your resolutions are still holding strong, I know I have hit a few bumps but I am still trying to keep them front of mind and continuing on!

I wanted to let you know about an event we have coming up on Friday, March 1st! We are going to be hosting our first Steak Night to raise funds for our ASIST Scholarship. As many of you who may be new members or even members who have been with us for a while, you may not know what ASIST stands for or really what it is. I would like to shed a bit of light on that for you.

ASIST stand for Adult Students in Scholastic Transition, this scholarship will help provides financial support and guidance to adults in the community who are in a variety of transitional situations. To be eligible for the program, candidates must be able to identify their career

goals and objectives along with meeting the necessary educational and financial requirements.

We are looking at setting up two scholarship; one at the University of Saskatchewan and the other at Saskatchewan Polytechnic. Should you be interested or have any contact at either of these institutions please reach out to Joy Crawford, who is our ASIST Chair for this year and ask to join her committee.

This upcoming steak is going to be a great event, as it is Family friendly. A place we can all get together and meet each other's families and connect on another level. Also if you have planned these type of events before, and are interested in joining the committee or would like to donate a door prize and or silent auction item please reach out to Susan Mowat, our Ways & Means Director, I know she would love the help! As always should you every have any questions or want to find out more about how EWI of Saskatoon can better work for you, please feel free to reach out to myself or one of our Board Members and we would be happy to answer your questions, or even meet for coffee! Wishing you all a prosperous month full of Success, Love, Adventure and Laughter!

Sincerely

Mille

Sandra Miller EWI of Saskatoon President 2018-2019



#### Save the Date

February 20<sup>th</sup> Dinner Meeting Riviera Event Centre, 2001 Avenue B North Guest Speaker Corliss Rassyle

5:00 Networking 6:00 Dinner 6:45 Program

#### March 1<sup>st</sup> Steak Night ASIST Fundraiser

5:00 Doors Open 6:00 Dinner \$20/adults \$12 kids 12 and under Henk Ruys Soccer Centre, 219 Primrose Drive

#### March 20th

Networking and Dinner Location TBD

#### April 17<sup>th</sup>

Networking and Dinner Location TBD

Stay tuned to our Website & Facebook page for details.

Remember our meetings are on the 3<sup>rd</sup> Wednesday of each month.

#### 2018-2019 Officers & Directors

#### **President**

Sandra Miller

#### **Vice President**

Michelle Busa

#### Secretary

Shirley Bonnetrouge.

#### **Treasurer**

Darlene Biggins

#### **Ways & Means Director**

Susan Mowat

# Recruitment & Retention Director

Char Weightman

#### Advisor

Alisa Thompson

#### Sergeant-at-Arms

Vacant

#### **Programs Director**

T.J. Keller

#### **Communications Director**

Amanda Medvid

#### **Assist Chair**

Joy Crawford

#### **Director at Large**

Serena Dallas





#### DOOR PRIZES ANS SILENT ACUTION ITEMS NEEDED

Firm Members and Individual members,

As you all know a large part of our organization is our ASIST program, fund raising is our way to be able to stand behind the scholarships we offer. We are looking for Silent auction items for our steak night and door prizes for our monthly meetings.

Please help make our steak night and monthly meetings be a greater success.

Please contact me for pick up at: mowatsusan@gmail.com or 306 280-1073.

If you require a letter for your firm, please let me know and I can provide you with one.

Thank you in advance for your generosity.

Susan Mowat

Ways and Means director





EWI of Saskatoon invites you to a

# STEAK NIGHT

# Enjoy a steak dinner to support our ASIST scholarship fund

March 1, 2019

Doors open at 5pm; Dinner at 6pm \$20/adult; \$12/child (12+under)

Henk Ruys Soccer Centre, 219 Primrose Dr.

Tickets available from EWI members and at



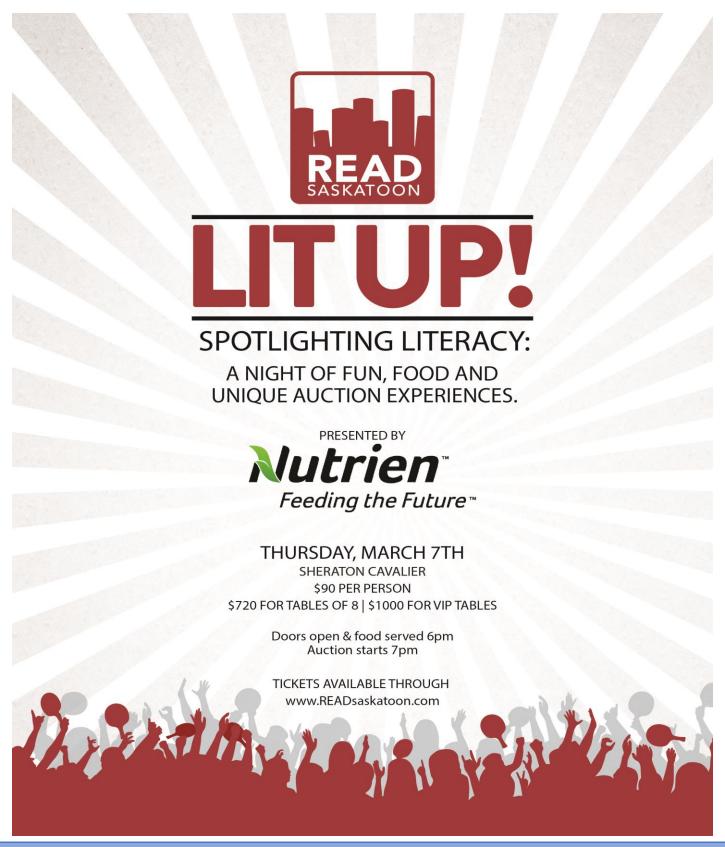




EWI donates annually through its Adult Students in Scholastic Transition scholarship for non-traditional students facing economic, social, or physical challenges.











# JOIN US! Wednesday, February 20th



Corliss Rassyle is a inspirational speaker, author, motivation expert and leadership coach who empowers others to live to their full potential as the leader in their own lives. Through her Company, With Purpose Consulting, she offers a variety of services to help people connect to purpose in their every day life and find the confidence to take control of their lives.

Her first book, Lead Your Life; How to Live With Purpose, Passion and Confidence, is an Amazon best seller and has received rave reviews from award winning speakers and authors such as Jack Canfield, Brian Tracy and Ken Blanchard. With more than twenty years of leadership experience, coaching thousands to reach their personal and professional goals, Corliss has expanded her support to motivated individuals. She has a mission to make a positive and significant difference in the world, beginning with her home province of Saskatchewan

#### DINNER MEETING

@The Riviera Event Centre 2001 Avenue B N

5:00pm—Networking 6:00pm—Dinner 6:45pm—Program 7:30—Adjourn

> Cost: \$45/Members \$50/Guest

Register by February 18th on ewiofsaskatoon.com







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THE NEXT PROFESSIONAL DEVELOPMENT WEBINAR IS FEBRUARY  $5^{\text{TH}}$ 

### **Human Factors in Workplace Design**

Presenter: Melissa Steach, Human Factors & Ergonomics Specialist Herman Miller, Inc.



When we feel better, we work better. That's one of many reasons it's critical to consider human factors in workplace and home office design. A workspace that takes the whole human into consideration - that encourages movements large and small throughout the day, that allows us to initiate and regulate social interaction, and that takes into consideration factors like personal space, physical and psychological proximity, and territoriality –helps us feel better. It improves our health, comfort, and connection. By providing an overview of physical, social, and cognitive ergonomics, this presentation will help participants design, or arrange, workspaces that are healthier for their employees, coworkers, and themselves.

**Melissa Steach** is a fellowship-winning artist, best-selling author and Doctoral Candidate in I-O Psychology with certifications in positive psychology interventions and ergonomics. She's also a human factors and ergonomics specialist at Herman Miller, Inc.

A visionary who combines art with research, Melissa explores personal / organizational culture and behaviors to understand how our environment can better engage, empower, even shape how we engage ourselves and each other. Above any education, Melissa considers her experience growing up in housing projects in the South and subsequent search for self through trying on many different careers, to be her most valuable credential.

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